



Mark Macy



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QUALIFICATIONS

- ◆ Competed in eight Eco Challenge adventure races and 2003 Primal Quest.
- ◆ 19 years of running experience
- ◆ 19 years triathlon experience.
- ◆ 17 years snowshoe racing experience.
- ◆ 14 years of ultrarunning experience.
- ◆ 9 years adventure racing experience.
- ◆ Race experience includes many additional triathlons, road races, mountain races, snowshoe races, ultra marathons, and mountain bike races.
- ◆ Has obtained television, radio, and print media exposure.
- ◆ Certified scuba diver and is experienced in many disciplines including ropes/rock climbing, mountaineering, ice and snow climbing, swimming, kayaking, and canoeing.
- ◆ Substantial experiences in many other outdoor activities including back country telemark skiing, rafting, and snowboarding.
- ◆ A founder of Stray Dogs Adventure Racing Team, which collectively has competed in 29 Eco Challenge, 8 Raid Gauloises, and 3 Primal Quest expedition length adventure races.

ADVENTURE RACING ACCOMPLISHMENTS

- ◆ **2003 Primal Quest** – 16th place US team, 23rd place overall – California
- ◆ **2002 Eco Challenge** – 8th place US team, 17th place overall (23 of 81 teams finished) – Fiji
- ◆ **2001 Eco Challenge** – 6th place US team, 18th place overall – New Zealand
- ◆ **2000 Eco Challenge** – 4th place US team, 12th place overall – Borneo
- ◆ **1999 Eco Challenge** – 6th place US team, 19th place overall – Argentina and Chile
- ◆ **1998 Eco Challenge** – 4th place US team, 10th place overall – Morocco
- ◆ **1997 Eco Challenge** – 26th place overall – Australia
- ◆ **1996 Eco Challenge** – participant – Canada
- ◆ **1995 Eco Challenge** – unranked finisher – Utah

SNOWSHOEING ACCOMPLISHMENTS

- ◆ **2004 National Snowshoe Championship**– 1st place Senior Men Division – 10K, Lake Tahoe, CA
- ◆ **1999 Alaska Iditashoe** – 1st place overall – 100 miles on the Iditarod trail in Alaska
- ◆ **1997 Alaska Iditashoe** – 1st place overall – 100 miles on the Iditarod trail in Alaska
- ◆ **1996 World Snowshoe Championship** – 1st place masters division, 8th place overall
- ◆ **1996 Alaska Iditashoe** – 1st place overall – 100 miles on the Iditarod trail in Alaska
- ◆ **1995 Alaska Iditashoe** – 3rd place overall – 100 miles on the Iditarod trail in Alaska

RUNNING AND BICYCLING ACCOMPLISHMENTS

- ◆ **Marathon des Sables** – 160 mile run across the Sahara Desert in Morocco
- ◆ **Badwater 146** – 2nd place – 146 mile run from Badwater to Mount Whitney (19,000 feet elevation gain) in July





- ◆ **Five Leadville Trail 100 Run Finishes** – 100 mile trail run at over 10,000 feet
- ◆ **Pikes Peak Quad** – four continuous round trips to the 14,110 foot summit (36,000 feet of elevation gain) over 106 miles
- ◆ **Old Dominion 100** – finisher
- ◆ **Four Leadville Trail 100 Bike Finishes** – 100 mile mountain bike race at over 10,000 feet

TRIATHLON AND QUADRATHON ACCOMPLISHMENTS

- ◆ **Ironman Triathlon** – Waikiki Roughwater Swim (2.4 miles), Around-Oahu Bike Race (112 miles), and Honolulu Marathon (26.2 miles), total 140.6 miles, finisher
- ◆ **Mountain Man Winter Triathlon** – 5 times, top age group finisher
- ◆ **Mt. Taylor Quadrathon** – 2 times, top 5 finisher
- ◆ **Evergreen High County Triathlon** – ½ Ironman distance, 4 time age group winner