

QUESTIONS & ANSWERS

Q: What is the Kilimanjaro/Safari Benefit Expedition?

A: The Kilimanjaro/Safari Benefit Expedition is a climb up Mount Kilimanjaro guided by ultra-athlete Marshall Ulrich, followed by an African safari and optional Zanzibar Extension. It is a fund raising event for the charity selected by Stray Dogs Adventure Travel, the Religious Teachers Filippini; and provides a unique opportunity for people like you to combine your active outdoor interests and your generous spirit. By participating, you will raise money to fund “the real work of peace and justice” by supporting education and women’s promotions programs run by the Religious Teachers Filippini.

The Religious Teachers Filippini – The Sisters of the Religious Teachers work to promote the dignity of women and children in some of the poorest countries in the world – and here at home – by providing an education to those who previously had limited opportunities and choices in their lives. Their motto to “Go and Teach” extends even further than education by providing the necessities of life: water, food, shelter, and clothing.

The Institute of the Religious Teachers Filippini was founded by Lucy Filippini and Cardinal Mark Anthony Barbarigo who, in 1692, founded schools to promote the dignity of womanhood and help influence a healthy family life. Today the Sisters continue Saint Lucy’s mission of teaching reading and writing to the poor and empowering women through education.

It was Saint Lucy’s wish to “be present in every corner of the earth.” By joining the benefit expedition, you can help Marshall carry Saint Lucy’s message to the Roof of Africa!

Q: How much of the \$4,000 (plus \$1,750 if I select the optional Zanzibar extension) will go to the charities?

A: All of the profits from the expedition and optional Zanzibar extension will go the Religious Teachers Filippini. For tax purposes, 40 percent of the price will be donated to the charities.

Q: If people or companies want to donate to support my trip, who do they make the check out to?

A: Anyone who donates to your trip (of, if you pay for any portion of the trip yourself) should make checks payable to: Stray Dogs Adventure Travel. Be sure to note the NAME of the participant – so that you receive the appropriate credit for your trip. Remember, for tax purposes, 40 percent of the funds will be donated to the charities. Send the checks to:

Stray Dogs Adventure Travel
Attn: Marshall Ulrich
515 Brook Drive
Idaho Springs, CO 80452

Q: What do I have to do to participate?

A: Complete the expedition application and all other required forms, and pay your \$750 USD deposit, including non-refundable \$250 USD application fee, to reserve your spot on the team. To secure your spot on the team, you’ll need to pay the remaining portion of your trip price (\$3,250 for the Kili/Safari portion, plus **an additional** \$1,750 for the optional Zanzibar extension, if selected) prior to March 11, 2006. And, be sure you continue (or beef up) your exercise program so that you are fit for the trip.

Q: When is the Kilimanjaro/Safari Benefit Climb and how do I get ready to climb?

A: The Kilimanjaro/Safari Benefit Climb is in June 12 – June 27, 2006, with the optional Zanzibar extension from June 27-July 1, 2006. So, you have time to get fit. But, start NOW! If you have a regular fitness program, you can supplement it by hiking in the hills/mountains or walking in your neighborhood with increasingly heavier loads in your pack.

Q: Is Kilimanjaro a technical climb and what sort of equipment and clothing do I need?

A: Kilimanjaro is not a technical climb, but does require a moderate fitness level. As with any mountain that is above 19,000 feet, appropriate gear and clothing is required as the temperatures will be well below freezing. With wind-chill factored in, it is advised to carefully go over the gear list so as to bring appropriate footwear, wind- and waterproof clothing, and cold weather gear. No crampons, harnesses, or rope travel is required.

Q: What exactly does the Kilimanjaro/Safari Benefit Climb provide me?

A: For the climb and safari we provide all permits for the mountain and in the parks, drivers and guides, all ground transportation, all meals during the climb and safari, and breakfast and dinner when staying in Moshi at the Springlands Hotel. If you select the optional Zanzibar extension, we will provide airfare (Kili airport to Zanzibar), ground transportation, lodging, and breakfast and dinner at the Matemwe Beach Village.

Q: How much money do I need to raise and what does the Foundations do with the money?

A: Each climber needs to pay \$4,000 for the Kili/Safari portion of the trip, and an additional \$1,750 for the optional Zanzibar extension, if selected. You may choose to raise all of the funds from donors, or pay part (or all) of the trip price yourself. The Kilimanjaro/Safari Benefit Expedition will use all profits (again, for tax purposes, 40 percent of the price) to support the missions of the Religious Teachers Filippini.

Q: I've never raised this much money before. Does the Kilimanjaro/Safari Benefit Climb provide information or tips on fund raising?

A: We suggest that you start close to home. Share your aspirations to reach the Roof of Africa – motivated by raising money for “the real work of peace and justice” being done by the Religious Teachers Filippini – with your family and friends. Let them know that 40 percent of any donation towards your trip will be tax deductible. Consider asking your employer for sponsorship (see below), ensuring them that they will receive something in return (a tax deduction; their logo on your day pack and clothing for the climb; maybe a write up in the local paper, if you can arrange this). Although sporting companies seem like natural sources of fundraising, they are asked by hundreds of individuals each year, so may not be the best source. However, you may be able to work with your local sporting goods shop (or other local businesses) for some level of sponsorship – again making sure that you will give them something in return.

Q: Can I ask my company or other corporations to sponsor me?

A: Some companies will sponsor an employee for the entire price; others will match your fund raising efforts; still others will partially sponsor you if you have an established business relationship. Ask your company or other corporations if they're willing to help a worthy cause.

Q: Do I need a visa.

A: Yes, a valid passport and visa are required for entry into Tanzania. See the Tanzania and Visa Information link for more information regarding visa requirements.

Q: Are there health considerations and required immunizations?

A: Yes. You should prepare for a high-altitude climb in a third world country with limited health care. There are also specific immunization requirements for Tanzania. See the [Medical Form and Information link](#), as well as the [Terms and Conditions and Liability Waiver link](#), for additional information.

Q: Can I learn more about the Springlands Hotel where we will stay in Moshi?

A: Yes. See the [Base of Operations, Springlands Hotel, Moshi link](#) for more information about the nicest hotel in Moshi!